INDONESIA / WILL AND FRIENDS

PRAWN SALAD WITH SPICY PEANUT SAUCE

Prawn salad with spicy peanut sauce is a fresh garden salad from Alila Manggis in Bali: prawns, snow peas, young papaya, mango and pickled yam bean on a chilli and peanut emulsion. The pickling liquid adds the sharpness.



SERVES	PREP	COOK	TOTAL	DIFFICULTY	SPICE
4	30 min	5 min	35 min	Easy	Medium

INGREDIENTS

FOR THE CHILLI AND PEANUT SAUCE

60 g roasted peanuts
2 red chillies
3 tbsp vegetable oil
2 tbsp white vinegar
Salt, to taste

FOR THE SALAD

12 large prawns, peeled
50 g snow peas, thinly sliced
1 small carrot, thinly sliced
80 g young papaya, sliced
1 small mango, cut into small pieces
1 small cucumber, sliced
80 g pickled yam bean (jicama), sliced
2 tbsp pickling liquid
A handful of salad leaves
Salt and pepper, to taste

TO FINISH

2 tbsp roasted peanuts, crushed
A drizzle of oil

METHOD

MAKE THE SAUCE

1 Blend the peanuts, chillies, oil, vinegar and salt to a thick, smooth emulsion. Taste and adjust the salt and vinegar.

COOK THE PRAWNS

2 Poach the prawns in simmering salted water for 2 to 3 minutes, until just pink and firm. Drain and cool.

DRESS THE SALAD

3 In a large bowl, toss the snow peas, carrot, papaya, mango, cucumber and pickled yam bean with the pickling liquid. Season with salt and pepper.

PLATE

4 Smear a spoonful of the peanut sauce across each plate. Pile on the salad and leaves, tuck in the prawns and finish with crushed peanuts and a drizzle of oil.

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No pickled yam bean: use a little rice vinegar and a pinch of sugar on the salad instead of the pickling liquid.

Make the sauce ahead and loosen with a little water before using.

Slice everything thin so it eats as a single bite.

Will is at the Alila Manggis organic cooking class in east Bali with Executive Chef Rachmad Ridwan. Nearly everything for the salad comes from the hotel garden, including a jar of the kitchen's own pickled yam bean.Rachmad starts with a chilli and peanut emulsion: roasted peanuts blended with oil, vinegar and chilli. Then he tosses snow peas, carrot, young papaya,...